# Alzheimer's Texas MONTHELY DESIGNATION September



# New Program: Caregiving Conversations!

Alzheimer's Texas is excited to present our new educational offering, Caregiver Conversations. The University of Texas Professor and clinical social worker, Joan Asseff, LCSW-S, will facilitate each Caregiver Conversations meeting, including relevant discussion questions to help attendees share experiences, barriers, strategies, and much more. Please register below for these supportive, solution-focused conversations about caring for their loved ones living with dementia. Registration space is limited, so register today for our next session on Wednesday, September 14 at 11:00 AM.

RSVP Today!



# **Annual Travis County Walk**

Registration is now open for our annual Travis County Walk. Help us Give Alzheimer's the Boot by making a team, sponsoring the walk, or volunteering your time and efforts. **Join us this spring** as we look forward to having a successful walk. If you have any questions, please email us at walk@txalz.org. Stay Tuned for more information!

Register to walk today!



## 24/7 Helpline

We are here to help! Please call our 24/7 helpline if you need assistance: (512) 241-0420. Our Helpline Specialist, Austin, LMSW, is experienced in the areas of care management of adults and their caregivers. Austin has extensive experience working with older adults and providing resources to best help you or someone in need. We are so glad to have her on our team!



### **All About ALZ**

We are excited to share the presentations from our educational series, All About ALZ. Professor Joan Asseff, LCSW-S, hosts these seminars for support group facilitators, caregivers, and loved ones of those affected with Alzheimer's disease and other dementias. These presentations provide excellent educational materials and additional resources for caregivers and support group facilitators. Please see below for recordings of our past presentations.

Click here for presentations!

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