

# Alzheimer's Texas

March 24, 2025

(512) 241-0420

[www.txalz.org](http://www.txalz.org)

## Community Based Respite Groups

Please contact the Director or contact number prior to attending. Eligible participants must be in the Early to Middle stage of Alzheimer's or related dementia. Participants must be able to toilet, eat, and move independently.

City	Day	Time	Respite Center	Address	Director	Phone/ Email
Austin	North					
	Thursday	9:30 AM -12:30 PM	<a href="#">House of Friends*</a>	Bethany United Methodist Church 10010 Anderson Mill Rd.	Susie Petersen	(512) 258-6017 x254 susie.petersen@bethany-umc.org
	Central					
	Wednesday	10:30 AM - 11:30 AM	Mike's Place	Meals on Wheels and More 3227 E 5th St, Austin, 78702	Anne McWilliams: Mike's Place Program Assistant	-Main line: 512-476-6325 -Manager direct desk line: 737-218-4130 -Assistant direct desk line: 737-218-4138
	Tuesday	9:30 AM -12:30 PM	<a href="#">The Lighthouse at Riverbend</a>	Riverbend Student Center 4214 N Capital of Texas Hwy, 78746	Sharon Butler	sbutler@riverbend.com
	South					
Wednesday	9:30 AM -1:30 PM	The Gathering  Website: <a href="http://thegatheringatwhpc.org">thegatheringatwhpc.org</a>	Westlake Hills Presbyterian Church 7127 Bee Cave Rd Austin, TX 78746	LuCinda Chiles, Director Diana Stoller, Parish Nurse	<a href="mailto:thegathering@whpc.org">thegathering@whpc.org</a> (512) 327-1116 ext. 103 (LuCinda) (512) 327-1116 ext. 105 (Diana)	
Bastrop	Tuesday	10:00 AM - 2:00 PM	Sunshine Respite	First United Methodist Church 1201 Main St.	Marcia Poole	(979) 236-9096
Georgertown	Thursdays	10:00 AM - 1:00 PM	<a href="#">Special Friends Alzheimer's Program</a>	Sun City Campus	Cheryl White	grovestx41@gmail.com
Lakeway	Monday	10:00 AM - 2:00 PM	Bright Horizons	Emmaus Catholic Church 1718 Lohmans Crossing	Paula Hundl	(512) 261-8500
Marble Falls	Thursday	9:30 AM -1:30 PM	Wesley Respite Center*	First Methodist Church 1101 Bluebonnet	Allie Bennett	(512)-639-2295
Temple	Contact Director		Thursday Club*	First Lutheran Church 1515 West Adams Ave Temple, TX 76504	Lorraine Brians & Sandi Vos	(254) 773-9975